



Lunch Menu - Sonning Common Primary School - Autumn Term - 2025



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week starting 1 Sep/22 Sep/13 Oct/10 Nov/1 Dec

WEEK 1	Pasta Bolognese with Garlic Bread	Sausage Roll with Mashed Potato or Couscous	Roast Ham with Roast Potatoes or Couscous & Yorkshire Pudding	Selection of Pizza - Margherita/Pepperoni/Ham & Pineapple with Potato Wedges	Breaded Fillet of Fish or Chicken Chunks with Pasta or Chunky Chips
	Vegetable and Tomato Pasta Bake & Garlic Bread	Vegan Roll with Mash Potato or Couscous	Vegetable Bake with Roast Potatoes or Couscous & Yorkshire Pudding		Quorn Bites with Pasta or Chunky Chips
	Mixed Vegetables	Baked Beans & Peas	Carrots & Broccoli	Cucumber & Sweetcorn Cobs	Baked Beans & Peas
	Homemade Biscuit & Selection of Fruit	Apple Crunch & Custard	Frosted Carrot Cake	Fruity Jelly	Mango or Strawberry Iced Smoothie

Week starting 8 Sep/29 Sep/20 Oct/17 Nov/8 Dec

WEEK 2	Pasta with Ham and Tomato Sauce with Pasta & Garlic Bread	Homemade Chicken Pie with Swirlie Potatoes or Couscous	Toad in the Hole with Roast Potatoes or Couscous	Selection of Pizza - Margherita/Pepperoni/Ham & Pineapple with Rosti Potatoes	Battered Fillet of Fish or Chicken Steak with Pasta or Chunky Chips
	Macaroni Cheese & Garlic Bread	Cheese Puffs with Swirlie Potatoes or Couscous	Veggie Toad in the Hole with Roast Potatoes or Couscous		Fishless Fingers with Pasta or Chunky Chips
	Green Beans & Sweetcorn	Broccoli & Carrots	Carrots & Peas	Cucumber Sticks & Mixed Veg	Baked Beans & Peas
	Homemade Biscuit & Selection of Fruit	Apple Crumble & Custard	Iced Sponge	Chocolate Brownie	Strawberry Ice Cream Pot

Week starting 15 Sep/6 Oct/3 Nov/24 Nov/15 Dec

WEEK 3	Meatballs with Pasta & Garlic Bread	Mild Chicken Curry or Chicken in Gravy with Rice & Naan Bread	Roast Chicken with Roast Potatoes or Couscous & Yorkshire Pudding	Selection of Pizza - Margherita/Pepperoni/Ham & Pineapple with Sliced Potatoes	Breaded Fillet of Fish or Ham & Egg/Pineapple with Pasta or Chunky Chips
	Veggie Balls with Pasta & Garlic Bread	Mild Quorn and Lentil Curry with Rice & Naan Bread	Cauliflower Cheese with Roast Potatoes or Couscous & Yorkshire Pudding		
	Peas & Sweetcorn	Broccoli & Mixed veg	Green Beans & Carrots	Sweetcorn & Cucumber Sticks	Baked Beans & Peas
	Homemade Biscuit & Selection of Fruit	Fruit Crumble & Cream	Blueberry Muffin	Apple Crunch & Custard	Raspberry Ripple Roulade



KitesKitchen.co.uk are proud of our school meals
 All meals are home made and we use local suppliers for our meat and eggs
 We use whole fillet of fish and all our meat products come in fresh (using whole muscle)
 At least 2 puddings each week include 50% fruit - and yoghurt is available every day along with salad selection
 Additional vegetables are included in all home made sauces used for pasta and pies

