



Learning Outcomes

1. Holding baby's arms or hands, encouraging baby to jump into the water from a standing position on the poolside
2. Supporting baby while encouraging them to roll from a back position to a front position
3. Encouraging baby to make kicking movements with support either in a front surf hold or using a woggle
4. Encouraging baby with cues to submerge in a Duckling Dive
5. Swimming around the pool with baby holding onto your back
6. Cueing baby to submerge vertically and rotate 180° in the pool