



Learning Outcomes

1. Safe entry into the pool by both adult and baby
2. Using swing dips to introduce baby to the water
3. Supporting baby on the front and move freely around the pool
4. Supporting baby on the back and move freely around the pool
5. Cueing baby and washing face with water
6. Exiting pool safely



Learning Outcomes

1. Holding baby facing you and submerging yourself in the water for baby to see
2. Moving freely around the pool using the safety hold
3. Moving around the pool using the seat hold, bobbing baby up and down
4. Supporting baby on the back while walking backwards and zigzagging through the water
5. Encouraging baby to wash their face with water or submerging baby in the water, holding baby towards the adult
6. Encouraging baby to hold onto the poolside, with assistance, if necessary