



Lunch Menu - Sonning Common Primary School - Autumn Term - 2024



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week starting 2 Sep/23 Sep/14 Oct/11 Nov/2 Dec

WEEK 1	Pasta with Bolognese/Ham/Cheese/Quorn and Rustic Tomato Sauce with Garlic Bread	Chicken Pie with Swirlie Potatoes	Toad in the Hole with Roast Potatoes or Couscous	Selection of Pizza - Margherita/Pepperoni/Ham & Pineapple with Rosti Potatoes or Couscous	Breaded Fillet of Fish or Ham & Egg with Pasta or Chunky Chips
	Peas & Carrots	Vegan Roll with Swirlie Potatoes	Veggie Toad in the Hole with Roast Potatoes or Couscous	Cucumber Sticks and Mixed Veg	Egg or Vegetable Nuggets with pasta or Chunky Chips
	Biscuit & Selection of Fruit	Broccoli & Sweetcorn	Carrots & Green Beans	Peach Melba Crumble with Cream	Baked Beans & Peas
		Strawberry Jelly & Yoghurt	Steamed Chocolate Pudding with Chocolate Sauce		Ice Cream Roll

Week starting 9 Sep/30 Sep/21 Oct/18 Nov/9 Dec

WEEK 2	Meatballs in Tomato Sauce with Pasta & Garlic Bread	Chilli con Carne with Rice, Nachos & Sour Cream	Roast Ham with Roast Potatoes or Couscous & Yorkshire Pudding	Selection of Pizza - Margherita/Pepperoni/Ham & Pineapple with Diced Potatoes or Orzo Salad	Battered Fillet of Fish or Chicken Goujons with Pasta or Chunky Chips
	Veggie Balls in Tomato Sauce with Pasta & Garlic Bread	Veggie Chilli with Rice, Nachos & Sour Cream	Vegetable Bake with Roast Potatoes or Couscous & Yorkshire Pudding	Cucumber Sticks & Corn on the Cob	Quorn Dippers with Pasta or Chunky Chips
	Sweetcorn & Peas	Broccoli & Mixed Veg	Green Beans & Carrots	Apple Crunch with Custard	Baked Beans & Peas
	Biscuit & Selection of Fruit	Chocolate Brownie	Jam Sponge with Custard		Strawberry & Vanilla Mousse

Week starting 16 Sep/7 Oct/4 Nov/25 Nov/16 Dec

WEEK 3	Ham & Tomato Pasta with Garlic Bread	Korma Chicken Curry with Rice & Naan Bread	Roast Chicken with Roast Potatoes or Couscous & Yorkshire Pudding	SPECIAL	Breaded Fillet of Fish or Burger with Pasta or Chunky Chips
	Macaroni Cheese with Garlic Bread	Mild Chickpea Curry with Rice & Naan Bread	Cauliflower Cheese with Roast Potatoes or Coucous & Yorkshire Pudding		Veggie Burger with Pasta or Chunky Chips
	Peas & Sweetcorn	Broccoli & Mixed veg	Carrots & Peas		Baked Beans & Sweetcorn
	Flapjack	Iced Sponge	Apple Crumble with Custard		Pancakes with Fruity Syrup & Cream



KitesKitchen.co.uk are proud of our school meals
 All meals are home made and we use local suppliers for our meat and eggs
 We use whole fillet of fish and all our meat products come in fresh (using whole muscle)
 At least 2 puddings each week include 50% fruit - and yoghurt is available every day along with salad selection
 Additional vegetables are included in all home made sauces used for pasta and pies

