



SCPS Long Term Planning
Term by Term Curriculum Overview

PSHCE

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 1	<p>Unit 1 Citizenship Learning the importance of rules and the consequences of not having rules or not following them.</p>	<p>Unit 2 Family and relationships Understanding that different people can be in a family and that families look after us.</p>				<p>Unit 6 Health and wellbeing Understanding that we experience a range of emotions, pupils learn to describe their feelings and some simple strategies for managing them.</p>
Year 2	<p>Unit 1 Citizenship Learning about the importance of rules and the consequences of breaking or not following rulesy text here</p>	<p>Unit 2 Family and relationships Understanding the role of family in the children's lives</p>	<p>Unit 3 Year group focus This unit is dedicated to focus on the individual needs of each class.</p>		<p>Unit 6 Safety and the changing body Understanding what the internet is and how it can help anyone that uses it.</p>	<p>Unit 5 Health and wellbeing Pupils to learn why medicines are taken, where they come from and how to be safe around medicines.</p>
Year 3	<p>Unit 1 Citizenship Pupils learn the definition of a drug and that drugs can be harmful to people, about the effects and risks of smoking tobacco.</p>	<p>Unit 2 Family and relationships Pupils learn to recognise bullying and how it can make people feel.</p>	<p>Unit 3 Year group focus This unit is dedicated to focus on the individual needs of each class.</p>	<p>Unit 4 Economic wellbeing Pupils to learn about valuing the similarities and differences between themselves and others.</p>	<p>Unit 5 Safety and the changing body Pupils to learn about what influences people's choices about spending and saving money</p>	<p>Unit 6 Health and wellbeing Pupils to learn about making healthy choices about food and drinks.</p>
Year 4	<p>Unit 1 Citizenship Pupils to learn about democracy in national and local government.</p>	<p>Unit 2 Family and relationships Pupils to learn about drugs (other than medicine) and alcohol: the effects, the risks and why people use them.</p>		<p>Unit 4 Economic wellbeing Pupils to learn how to be safe while playing online and outside and what to do in an emergency.</p>	<p>Unit 5 Safety and the changing body Pupils to learn about how we grow and change through puberty and how to seek support and advice when they need it.</p>	
Year 5	<p>Unit 1 Citizenship Laws, the role of the police and an introduction to the justice system.</p>	<p>Unit 2 Family and relationships Pupil to learn about stereotyping, including gender stereotyping, prejudice and discrimination and how this can make people feel.</p>	<p>Unit 3 Year group focus This unit is dedicated to focus on the individual needs of each class.</p>	<p>Unit 4 Economic wellbeing Pupils to learn about different feelings and how they are experienced in the body.</p>	<p>Unit 5 Safety and the changing body Pupils to learn about the risks associated with drugs and alcohol and how to resist pressure from others.</p>	<p>Unit 6 Health and wellbeing Pupils to learn about the risks of borrowing money and influences on career decisions.</p>
Year 6	<p>Unit 3 Citizenship Pupils to learn what mental health is, about what can affect mental health and some ways to look after mental health.</p>	<p>Unit 2 Family and relationships Pupils to learn about migration, refugees, human rights and homelessness.</p>	<p>Unit 1 Year group focus This unit is dedicated to focus on the individual needs of each class.</p>	<p>Unit 4 Economic wellbeing Pupils to learn about feelings of being out and about in the local area recognise and respond to peer pressure and learn about the consequences of anti-social behaviour.</p>	<p>Unit 5 Safety and the changing body Pupils to learn about the changes that occur during puberty, to consider different attitudes and values around gender stereotyping and sexuality and consider what values are important to them in relationships.</p>	