

**PASTA MONDAY**

**FAVOURITES**

**WEDNESDAY ROAST**

**CRUMBLE**

**CHIPPY FRIDAY**

week starting - 1 Jan / 22 Jan / 19 Feb / 12 Mar

<b>WEEK 1</b>	Macaroni with Cheese and/or Ham and/or Tomato & Herb sauce	Butchers Sausages	Roast Chicken with Stuffing	Crispy Chicken Wraps	Breaded Fillet of Fish or Honey Glazed BBQ Chicken
	Pasta & Garlic Bread	Veggie Sausages	Country Bake	Tuna or Cheese Wraps	Salmon Fillet Chunks
	Sweetcorn & Peas	Mashed Potato or Cous Cous	Roast Potatoes + Yorkshire	Herby Diced Potatoes or Rice	Chunky Chips
	Gingerbread and Fruit	Carrots & Broccoli	Carrots & Green Beans	Corn on the Cob or Cucumber Sticks	Baked Beans or Broccoli
		Apple Crunch with Custard	Iced Carrot Cake	Apple & Strawberry Crumble with Custard	White Chocolate Cracknell

week starting - 8 Jan / 29 Jan / 26 Feb / 19 Mar

<b>WEEK 2</b>	Pasta Bolognese	Chicken Korma Curry	Roast Pork with Apple Sauce	Chicken Casserole & Dumplings	Battered Fillet of Fish
	Vegetable Pasta Bake	Vegetable & Lentil Dahl	Vegetable Tart	Bean Casserole	Choice of Pizza
	Garlic Bread	Rice, Naan, Poppadums	Roast Potatoes + Yorkshire	Rice	Chunky Chips or Pasta
	Sweetcorn & Green Beans	Peas & Carrots	Carrots & Broccoli	Mixed Vegetables	Baked Beans & Sweetcorn
	Chocolate Mousse with Meringues & Banana Slices	Apple Sponge with Custard	Pancakes with Cream & Fruit Puree	Apple & Cinnamon Crumble with Custard	Iced Orange Smoothies

week starting - 15 Jan / 5 Feb / 5 Mar / 26 Mar

<b>WEEK 3</b>	Swedish Style Pork Meatballs	Chicken Pie	Roast Turkey with Cranberry Sauce	<b>Special</b>	Breaded Fillet of Fish or Chicken Fillet Chunks
	Veggie Balls	Quorn Pie	Cauliflower Cheese		Quorn Dippers
	Pasta or Rice & Garlic Bread	Duchesse Potatoes/Cous Cous	Roast Potatoes + Yorkshire		Chunky Chips or Pasta
	Carrots & Peas	Sweetcorn & Green Beans	Carrots & Broccoli		Baked Beans & Cucumber Sticks
	Fruit Salad & Shortbread Fingers	Cranberry & Apricot Bites	Chocolate Sponge & Chocolate Sauce		Strawberry & Vanilla Ice Cream Pot

**we use whole fillet of fish, all our meat products come in fresh (using whole muscle) and meals are cooked from scratch**

**at least 2 puddings each week include 50% fruit - fresh fruit and yoghurt is available every day**

**additional vegetables are included in all home made sauces used for pasta and pies**